

+++++ **PROGRESS REPORT** +++++

It's important to remember that every kid develops skills at different times.

It is perfectly normal for a baby to master some skills quickly and take a bit longer to acquire others. This is a rough outline of what to watch out for.

If you have any concerns about your baby's progress, speak to your doctor.

	AT THE END OF THREE MONTHS, MOST INFANTS CAN...	AT THE END OF EIGHT MONTHS, MOST BABIES CAN...	BETWEEN 12 TO 14 MONTHS, MOST KIDS CAN...
GROSS MOTOR	<ul style="list-style-type: none"> ✦ Roll from front to back ✦ Control their head and neck ✦ Raise their head and chest while lying on their front ✦ Stretch out and kick their legs ✦ Push down with their legs when their feet are on a hard surface 	<ul style="list-style-type: none"> ✦ Roll both ways (front to back and back to front) ✦ Sit on their own ✦ Support their weight on their legs ✦ Control their upper body and arms 	<ul style="list-style-type: none"> ✦ Reach a sitting position ✦ Crawl or scoot ✦ Start crawling from a sitting position ✦ Pull up to a standing position ✦ Cruise, holding onto furniture ✦ Stand briefly without support ✦ Walk holding an adult's hand and take a few solo steps ✦ Start to climb stairs with help
FINE MOTOR	<ul style="list-style-type: none"> ✦ Open and shut their hands ✦ Bring their hands to their mouth ✦ Bring their hands together ✦ Bat a hanging object 	<ul style="list-style-type: none"> ✦ Hold and shake an object ✦ Move an object from one hand to the other ✦ Use their hands to explore an object 	<ul style="list-style-type: none"> ✦ Finger-feed using a pincer grip ✦ Place objects into a container (and pull them out again) ✦ Poke an object with an index finger ✦ Push a toy ✦ Begin to drink from an open cup ✦ Start to use a spoon ✦ Scribble with a crayon
SOCIAL/ LANGUAGE	<ul style="list-style-type: none"> ✦ Smile when you smile and on their own ✦ Make facial expressions ✦ Copy some body movements and facial expressions 	<ul style="list-style-type: none"> ✦ Reach for a person they know ✦ Smile at themselves in a mirror ✦ Respond when other people express emotion ✦ Mimic sounds 	<ul style="list-style-type: none"> ✦ Be shy around strangers ✦ Copy during play ✦ Test limits ✦ Put out an arm or leg to help when being dressed ✦ Take off socks ✦ Come when called ✦ Say "mama" or "dada" and at least one other word ✦ Stop an action if you say "no"
COGNITIVE	<ul style="list-style-type: none"> ✦ Watch faces closely ✦ Follow moving objects ✦ Recognize objects and people they know 	<ul style="list-style-type: none"> ✦ Track a moving object and find one that is partially hidden ✦ Struggle to get objects that are out of reach ✦ Watch a falling object 	<ul style="list-style-type: none"> ✦ Explore objects in different ways (shaking, banging, throwing, dropping) ✦ Name familiar objects ✦ Respond to music ✦ Begin to explore cause and effect